



An E-Book of Song Lyrics and Descriptions

ahjaystelino.com

Ahjay Stelino's Relaxing Songs for Special Kids Album Lyrics

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About the Album

Ahjay Stelino's album "Relaxing Songs for Special Kids" is a ready to use 20 minute music session for parents/caregivers, teachers and other people working with young people with special needs. It is available at a digital download or can be streamed through iTunes and Spotify. Further information about the album can be found at www.ahjaystelino.com.

About the Songs

Each song focuses on a single goal. The lyrical simplicity and musical accompaniment have been composed to ensure an engaging experience for the young person.

1. **Hello Everyone Hello:** This is a greeting song that acts as a reminder that the music session is about to start.
2. **Clappity Clap Clap:** This song encourages clapping along to a beat.
3. **I Love Dancing with You:** This song encourages dancing with friends. Children in wheelchairs can be wheeled around to the beat of the music.
4. **Sounds Like the Beach:** This is an instrumental song that provides the multi-sensory experience of being on a beach. Use an ocean drum, rain stick, water in a spray bottle, fan to blow wind, shells, etc along with the music to provide a multi-sensory experience to your young person.
5. **Echo Song:** This is a vocalisation song that encourages the young person to echo back vowel sounds.
6. **Rest a While:** This is an instrumental relaxation song that allows the young person to lie down and relax while listening to music.
7. **Goodbye Everyone Goodbye:** This is a farewell song that acts as a reminder that the music session is about to end.

About the Recording

All songs have been composed and arranged by Ahjay Stelino. All songs were recorded, mixed and mastered by Ahjay Stelino at Stelino Studios, Auckland, New Zealand.

About Ahjay Stelino

Ahjay Stelino is a professional musician and registered music therapist based in Auckland, New Zealand (He is registered with the Music Therapy New Zealand registration board under his legal name of Ajay Castelino). More information about Ahjay can be found at www.ahjaystelino.com.

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Track 1: Hello Everyone Hello

Hello everyone hello
Let's begin music time
Hello everyone hello
Let's begin music time

Music time
Music time
Music time
Music time

Song info: This is a greeting song that acts as a reminder that the music session is about to start.

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Track 2: Clappity Clap Clap

CHORUS

Clap clap
Clappity clap clap
Clap clap
Clappity clap clap
Clap clap
Clappity clap clap
Clap
Just clap

VERSE

Listen to the sound you're making
When you're hands go clap
All you need, to keep the beat
Is your hands to
Clap Clap Clap Clap

Song info: This is a clapping song. Clap along with the clap you can hear in the song.

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Track 3: I Love Dancing with You

CHORUS

I love dancing with you
It's a fun fun fun thing to do
I love dancing with you
Whatever the style
whatever the mood
I love dancing with you

VERSE 1

When I hear a song
My feet start tapping the groove
And I turn around
And you are doing it too

VERSE 2

When the music's on
And we're swaying 'round the room
I've got all I want
Cause I am with you

Song info: This is a dancing song. If the young person is in a wheelchair, the wheelchair can be moved around the room to the beat of the music.

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Track 4: Sounds like the Beach

Song info: This is an instrumental song that provides the multi-sensory experience of being on a beach. Use an ocean drum, rain stick, water in a spray bottle, fan to blow wind, shells, etc along with the music to provide a multi-sensory experience to your young person.

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Track 5: The Echo Song

CHORUS

Let's sing the echo song
Let's sing the echo song
I'm gonna sing
You're gonna copy
Are you ready?

VERSE

My turn, La
Your turn, La
My turn, Ah
Your turn, Ah
My turn, Oo
Your turn, Oo
My turn, Ee
Your turn, Ee

REPEAT CHORUS

REPEAT VERSE

LAST CHORUS

We're sung the echo song
We've sung the echo song
You've done so well
Good job, buddy
Thanks for singing with me

Song info: This is a copying song. Follow the song lyrics to copy vowel sounds.

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Track 6: Rest a While

Song info: This is an instrumental relaxation song that allows the young person to lie down and relax while listening to music. You can choose to add a multisensory dimension to the experience by moving a scarf or feathers over the young person's body or by gently massaging them to help them relax.

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Track 7: Goodbye Everyone Goodbye

Goodbye everyone goodbye
It's the end of music time
Goodbye everyone goodbye
It's the end of music time

Music time
Music time
Music time
Music time

Song info: This is a farewell song that acts as a reminder that the music session is about to end.

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